

# Prevention, Transition and Development Service



My name is **Adam**.



I help people with **life changes**.



I also help people who are **isolated**.



I can help you get the **right support**.



I can help you join groups and **meet people**.



I can help you to **find activities**



I can help you to **access information**

**18+**

**To access my service:**

You need to be aged **18 +**



You need to live in **London Borough of Hounslow**



You need to have a **disability**.



For more information, **contact** Adam:

[adam.al-kashi@hounslow.gov.uk](mailto:adam.al-kashi@hounslow.gov.uk)

07891 306 843



London Borough  
of Hounslow



made with  
photosymbols®